



HIGHLY PRIZED BY OUR ANCESTORS, AND NOW AVAILABLE TO YOU!

Nourish Tallow Balm is readily-absorbed by the skin and leaves no greasy feeling. Made from the highest quality whole food sources, it is safe to apply from head to toe for all skin conditions.

Nourish Tallow Balm starts with the highest quality **beef tallow** from **100% grass-fed cows**.

Tallow has a long tradition in skin care, and tallow from 100% grass-grazed cows is uniquely higher than other sources in important vitamins and fatty acids for skin health.

Many of the same fatty acids that are needed to form a protective barrier for optimal skin health are naturally found in tallow.

VITAMINS A, D, E, AND K

Essential to skin health

CONJUGATED LINOLEIC ACID (CLA)

Anti-cancer and anti-inflammatory properties

PALMITOLEIC ACID

Antimicrobial properties

STEARIC ACID

Powerful surfactant (cleanser)

PALMITIC ACID

Softens and soothes the skin

OLEIC ACID

Moisture retention

Nourish Tallow Balm then adds **organic, unfiltered, cold-pressed extra virgin olive oil**. This is the least-processed form of olive oil, and retains the most health benefits. Olive oil has been used throughout history for skin care. It is high in antioxidants, including **vitamin E, carotenoids, and oleuropein**.

Nourish Tallow Balm adds a select blend of **essential oils** that are uniquely beneficial to skin health, and are used to treat a variety of skin conditions. These essential oils include: **lavender, tea tree, cedarwood, frankincense, german chamomile, and coriander**.

CONTINUE READING FOR THE BENEFITS OF THE ESSENTIAL OILS

BENEFITS OF ESSENTIAL OILS USED IN TALLOW BALM



LAVENDER

Cleanses cuts and wounds, prevents the build-up of sebum (a natural oil that bacteria feed on), treats dandruff and hair loss, helps heal acne, dermatitis, eczema, psoriasis, and rashes, and fades scars and stretch marks.

TEA TREE

Promotes cleansing (astringent), and helps with athlete's foot, sunburn, acne, burns, and cold sores.

CEDARWOOD

Reduces oily skin, helps with acne, dandruff, eczema, psoriasis and effective against hair loss.

FRANKINCENSE

Regenerates healthy skin, treats dry skin, reduces signs of wrinkles, fades stretch marks and scars, strengthens hair roots, and helps heal insect bites.

GERMAN CHAMOMILE

Regenerates healthy skin, can be used for burns, rashes, cuts, dermatitis, acne, and eczema.

CORIANDER

Helps heal acne, eczema, psoriasis and dermatitis.